## Introduction to the LickiMat® for Cats



Prepare the LickiMat with food your cat likes.





Place the food or treat in the center of the LickiMat and away from all edges and corners.





Place the food-filled LickiMat on the regular feeding area and optionally sprinkle catnip onto and around the LickiMat.





Create a treat trail to lead up to the LickiMat using cat treats or catnip.





Sit on the floor with your cat and praise them as they eat the treat trail.





Praise your cat as they sniff, investigate and eat off the LickiMat. If the cat attempts to chew the LickiMat, remove, re-arrange the food, and try again.





Once you are confident your cat is happy feeding off a LickiMat without chewing the mat itself, expand the surface area for the food.





Pick up the LickiMat once they have finished. Hand wash after each use.



Used correctly, LickiMat can become the perfect stress and anxiety reliever, a healthy distractor, and a multi-function feeding bowl replacement, providing your cat with fun and enrichment. It can also slow down feeding and make small meals last longer.





